

## An animation... But why?

To say thank you

To get to know each other

To bring people together

To reveal hidden talents

To engage

To learn

To generate new ideas

To dream and wonder

To be amazed

To get excited about

To create unforgettable memories...

Our selection of Teambuilding Activities is there to support every team, every challenge.

To guarantee a perfect experience, all our partners have been carefully tested and selected.

Our criteria? Relevance, attention, flexibility and originality. In English, French and Spanish.

PPSSST! In addition to this selection, we will be happy to recommend other events, please ask us!

Your Châteauform' teams







#### Sports challenges

The challenge of the farm... 5 Collaborative challenges Cocktail workshop 6 Laughter therapy Master chef 7 Laser combat 8 Haka

Escape games & investigation

Escape game 9 Csi 10 Scape room cool inventors



## Create together

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The efficient company Beekeeper for a day



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# Forge ties

(challenges, escape games and investigations)



It was great to spend "another" time with other members. He was very professional and the activity was very well organised



Estefanía





# The challenge of La Finca El Bosque "to discover the legend of the place".

#### Gymkhana / Challenge / All together



45,00eur p/p + VAT



1h30



Outdoor



All team sizes (12 pers min)

At each Châteauform', there is a secret that is passed on to each of the hosts... your participants are invited to discover this secret.

This will also be an opportunity to get to know each other better, strengthen team spirit and discover the site in a playful way. In this particular treasure hunt, the participants will be divided into teams to make a tour of all the corners of El Bosque guided by their road book (one per team) and helped by the instructions of the activity leader. They will have to overcome different tests (some of skill and others of ingenuity) that will allow them to obtain the key words necessary to solve the challenge. All the tests are designed to encourage teamwork and cohesion, while at the same time there is a team competition component, but the main thing is fun!

\*Who will be the fastest to find the secret of the place so well guarded by our hosts? We will find out together at the awards ceremony over a drink at the bar or quietly settled in the garden.

collaboration challenges



## Academia de Cocktail Academy

#### Atypical / Comic / Positivism

A fun activity to offer new experiences in a group, where everyone participates and learns. The aim of the workshop is to make all participants have fun around the culture and tasting of various types of cocktails. We will explore different flavours and combinations.

But how do they differ? How do you combine the ingredients to get the best out of them? A good cocktail requires at least: knowing how to use a cocktail shaker, using the right glass, using the right ice, adjusting the amount of alcohol, and knowing how to serve it. And you will learn all this during this workshop.



65€ + VAP P/P



1h30 - 2h



Indoor



All team sizes

Forge ties

collaboration challenges



## Laughter therapy

#### Atypical / Comic / Positivism

We all need to laugh! Laughter provides us with a a positive state of mind that helps us to cope with everyday life, allows us to perceive reality in a more positive light, motivates us, encourages collaboration and creates bonds of closeness with others.

This atypical laughter therapy workshop is based on theatre, it is a little corner of fantasy guided by one or more professional actors (depending on the number of participants). It is a journey full of fun, in which we gradually discover our comic side and lose our sense of the ridiculous in front of our classmates.



From 10 to 20 pers: 750€ + VAT



1h



Indoor or Outdoor





# Tapas competititon Culinary / Challenge / Manual activities

It is an activity designed to be done in the evening, before the aperitif.





55€+VAT per participant Minimum 12 PAX



1H30



Indoor



All team sizes

#### Enjoy cooking and compete with your team!

You will be divided into teams, each with their own work table and cooking materials, as well as pencil and paper for their list of ingredients. You will find a central table that acts as a "market" full of colours, smells and flavours, where you can choose all the ingredients you need.

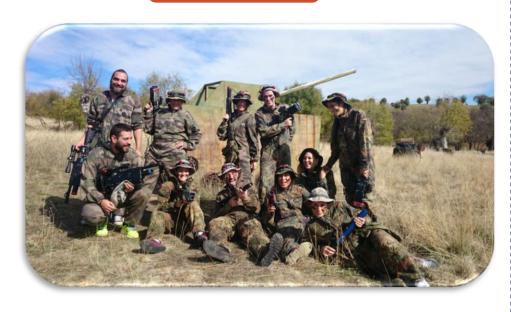
Rules of the game: you have one hour to prepare several tapas. The person in charge of purchasing for each team can choose the ingredients from the market for your list, and you must also choose a head chef, who will be responsible for presenting the tapas to the jury!

The aim is to be active and creative with the dishes, to have fun choosing the names and descriptions of the dishes made, to present them in the most professional or funniest way - everyone as he or she feels like!

To add to the fun, you will be your own jury, under the watchful eye of our chef to ensure there is no cheating!

Once the competition is over, it's time to taste your delicious tapas during a festive aperitif where we will give medals and a bottle of cava to the winning team... Enjoy!

Collaboration challenges



#### Laser Combat

#### **Environment / Large teams / Sports**

Would you like to play planning a combat in the gardens of El Bosque? We propose you this adventure and team activity, which does not use any kind of projectile, only infrared rays. Very ecological, fun and competitive. You will have fun collaborating side by side to achieve the assigned mission. There are 3 game modes: missions, short games, and tournament format, almost like a real video game!

If you want to complement your meeting and encourage teamwork from another point of view, you can ask us for the version "Laser Combat focused on the development of competences: Leadership and Teamwork". An activity that we have developed with our partner specifically for companies..

From 11 to 18 pers: 1250 € +VAT From 19 to 26 pers: 1570 € +VAT From 27 to 36 pers: 1700 € + VAT



From 650€ + VAT



2h



Outdoor



All team sizes



Physical activity



#### Haka

#### Pride / Flash 1h / Atmosphere

The Haka is a ritual dance sung by the South Pacific Islanders at ceremonies, welcome parties or before going to war, which the Maori have made world famous by the New Zealand rugby team, which they have been performing before their matches since 1905.

Learn the famous Haka of All Blacks, lyrics and choreography with a specialized entertainer!



From 12 to 20 pers: 680 + VAT



1h / 1h30



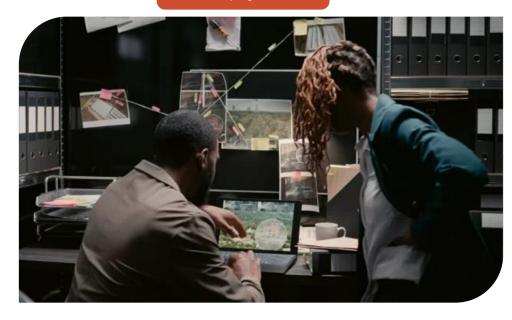
Indoor or Outdoor



All team sizes



Physical activity



## **Escape Room**

#### Strategic / Challenge



Up to 10 participants: 800€ + VAT 1 Room 60min Up to 20 participants: 1150€ + VAT 2 Rooms 90lin Up to 33 participants: 1395€ + VAT 3 Rooms 120min Up to 44 participants: 1595€ + VAT 4 Rooms 120min



1h30



Indoor



All team sizes

The mental and logical challenges are a challenge for individuals and teams, for this reason they become an effective Team Building tool to enhance communication and coordination skills to overcome these challenges.

It will be basic your ability to make decisions in situations of pressure and quick decision making. We will have to decipher a large number of enigmatic messages with lots of clues, tricks and methods to test your wit and shrewdness.

Negotiation, versatility, imagination and creativity will be your best tools to get out of the different environments created. In each game, your team will go through different tests in which you will have a limited time to solve them. Each game has its own theme and a 'facilitator' who will guide the group. The times, the help, the capacity of resolution will add points to the group and the winner will be the one that has maintained a line of cooperation and constant resolution.

It will not be easy, but you can do it!

Depending on the number of participants and the time you have available, we propose several settings or themes:

Museum → 1 room

Medieval + museum → 2 rooms

Medieval + museum + mistery → 3 rooms

2 medieval + 2 museum → 4 rooms

-Specified theme adapted to your company or your products (extra cost)

Retos de colaboración





#### **Observation / Science / Teamwork**

The 5th Convention on Optical Novelties has come to a halt, a famous scientist with a revolutionary patent has been murdered.

Are you ready to uncover the culprit?

In this mission, the participants, divided into teams, will put themselves in the shoes of a real C.S.I. team in order to find the fingerprints, interrogate the suspect, decipher codes, test their skills on the ballistics track, analyse evidence in the laboratory, create sketches,... all to catch the murderer.

Your team will have technological help: drones, Google Glass, Leap Motion, virtual reality...



60€ + VAT per pax Minimum 12 PAX



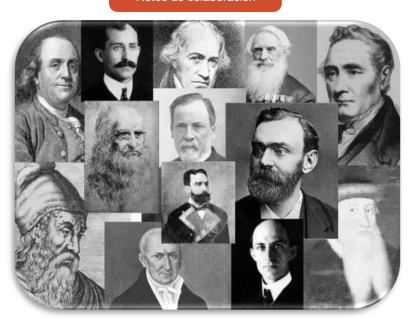
2h



Outdoor or Indoor



All team sizes



## Scape room: genius inventors

#### Strategic/ Challenge

Team-Building Escape Room activity "Inventores Geniales" combines digital & faceto-face, making a Team-building activity: fun, entertaining, challenging, 'Novel', communicative, teamwork is essential for its correct resolution.

In the Team-Building "Inventores Geniales" fun logic games and creative puzzles await you to train lateral thinking, exercise your mind or, without going any further, have a good time.



From 680€+VAT



1h / 1h30



Outdoor or Indoor





# Create together (food & wine, art & music)

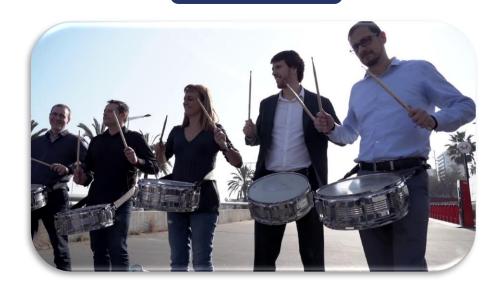


It's a great souvenir to take to the office and just what I was looking for.



Gregorio - Information and Communication Technologies







#### Culinary / Collective achievement / Gluttony

Description: The aim is to replicate a factory that processes cocoa into chocolate.

- 1.Design of the experience according to the client's objectives.
- 2. Development of Helen's hand experience.
- 3. Materials, machinery, raw materials.
- 4. Chocolate tasting What does it include? Dynamics: Batches of cocoa are distributed per group and they have to select, roast, shell, formulate, refine, mould and develop their own brand.



60€ +VAT p/p



2h



Indoor



All team sizes

# **Drumming Session**

#### Rhythm / Creativity / Fun

Creation through music can be an ideal opportunity for your team to discover or rediscover itself. This original way of bringing spirits together is accompanied by professional and passionate percussionists.

Its approach is playful so that everyone can have fun and share impressions to the rhythm of percussion instruments, hands, body movements and voice.

All the participants will be able to form a real percussion orchestra!



Up to 10 pers: 750 + VAT



1h15



Indoor





# Wine Academy

#### Learning / Creation / Fun

The participants become, for a few hours, the owners of a vineyard of several hectares.

A team of professionals allows you to enter into the marvellous adventure of wine.

After being introduced in a very simple and dynamic way by the animating oenologist to the production, technique and tasting of wine, the participants, in teams, will set off in search of the "Fine Wine".

They will have to create a wine, create a brand, a label and the marketing strategy to launch their "creation"!



From 10 to 20 people: 1400€ + VAT



2h30



Indoor or outdoor



All team sizes

From 21 to 30 participants: 1800 € + VAT From 31 to 40 participants 2100 € + VAT From 41 to 50 participants: 2400 € + VAT



# Wine tasting

#### Learning / Culture / Knowledge

A tasting led by an oenologist who will introduce you to five regional and national wines over an aperitif in a fun and informal way.

Tasting involves not only drinking, but enjoying wine through the senses of sight, smell and taste. During the tasting, you will translate these sensations and perceptions into words, expressing what aromas and flavours the wine transmits to you. This oenological evening will make you discover what the Spanish land has to offer in regional and national wines and cavas.



From 990€+ VAT



2h



Interior



Todos los participates.

From 21 to 30 participants: 1300 € + VAT From 31 to 40 participants: 1615 € + VAT From 41 to 50 participants: 1823 € + VAT



#### Joint mural

#### Collaboration / Creativity / Coordination

Participants will paint a mural (in 2x1m modules) divided into teams, following the instructions of the fine arts teacher. Each team works on a part of the mural, which is then assembled with the rest. But not everything will be so simple, as the participants will have to work together so that the final mural fits perfectly.

What they paint are landscapes prepared in advance (either urban or nature), although a more personalised work can be done including the company's logo or an evocative image (with an extra cost for personalisation). The results are good and eye-catching in all cases and you get a tangible group result that you can put up somewhere in the company if you want.



From 850€ + VAT HT



1h30 - 2h



Indoor or outdoor



All team sizes

From 11 to 18 pers: 1250 € +VAT From 19 to 26 pers: 1570 € +VAT From 27 to 36 pers: 1700 € + VAT



#### XXL car construction

#### Pride / Great teams / Achievement

Inspired by the construction of cars by means of Lego XXL type pieces, we have created giant cars that you can build with your team and company that are fully functional once assembled.

You can finish with a team race to find out which is the best and most resistant car. An experience with which you can get the best photos and a unique experience that you will not forget.

Get the materials to build the most robust, original and aerodynamic vehicle. You will have to assemble it, "tune" it with your personal style, test it and once finished, put it to the test with the rest of the team.



From 1600€



2h



Outdoor







#### Theatre / Talent / Acting

Shoot your favourite film together with your classmates. Develop the script and storyboard, get into the lead role or be in charge of props, costumes, make-up protagonist or be in charge of props, costumes, make-up or become a director, assigning the different tasks and looking for a more comical version with corporate winks.

You will have to rehearse 4 scenes of 2 minutes in total to finally film yourselves. Once the films have been edited, we will visualise them and we will do an Oscar gala, where the awards for best actor, actress and film will be given out. Attendees will have the props costumes and necessary for characterisation of the characters, make-up and material to create the plot of the film



Fom 1800€ + **IVA** 



3h



Indoor or outdoor



All team sizes



# LipDub

#### Collaboration / Creativity / Fun

Have fun together with your team creating your own "lipdub", a music video with everyone participating in a single continuous sequence. This activity is suitable for large teams.

While you are having an aperitif, or enjoying dinner, our collaborators will edit the video. Afterwards, we will project the result in one of our rooms so that you can all have a good time together (later they will send you the final result so that you can have it).

An exercise in creativity, teamwork and ingenuity that is sure to be unforgettable!



Up to 20 people: 1500€ + VAT



3h



Outdoor or Indoor



All team sicez

From 21 to 30 participants: 1750€ + VAT From 41 to 50 participants: 2250€ + VAT



# Commit

(responsible activities, CSR)



Great animation. It was exactly what we had planned together. It is totally in line with our environmental ambitions.



Marina - Luxury cosmetics





# CSR activity: The most efficient firm: The beehive

**CRS** 

This talk, ideal for groups, takes place in a comfortable and relaxed atmosphere, where participants will discover how the fascinating world of bees inspires principles that are essential in any area of life because they serve as a guide to mutual understanding, teamwork and productivity. Through practical examples, we will explore how each role in a hive contributes to collective success, from the 'nurse' to the 'logistics manager'.

An enriching experience that also connects business values with sustainability, allowing us to reflect on small gestures that can make a difference in caring for the planet.



55 € +VAT P/P



45min



Indoor or outdoor



All team sizes



CRS



## Beekeeper for a Day

#### **CRS / Collaboration**

Live the unique experience of connecting with nature and the exciting world of bees.

Guided by experts, participants will discover the secrets of beekeeping in a controlled and safe environment. Equipped with protective suits (included in the activity), they will be able to closely observe how a real beehive works, learning about the behaviour of bees and their importance as pillars of ecosystems.

This activity promotes values of sustainable development, teamwork and care for the environment, providing participants with a practical experience in the field that will enrich their knowledge of biodiversity.



60 € + VAT p/p



1h30 - 2h



Outdoor



All team sizes



**CRS** 

Associated activities: blind honey tasting, habitats for Biodiversity



# Inspire (inspiring activities)

66

A fascinating activity run by passionate people. We had a lot of fun and spent a lot of time chatting at the end.



Ricardo - Banking Finance





# MINDFULNESS RELAXATION AND MINDFULNESS

#### Personal development / Transmission / Gaining height

Mindfulness is mindfulness of the present moment and is synonymous with an undisturbed and perceptive mind. Its regular practice leads to betteremotional management, strengthened health and improved performance in all areas of life. Focused on the business world, this workshop helps us to better manage our time and effort, concentrating on the task at hand at any given moment, and learning to manage' information overload'.

Meditating in the company helps the well-being by reducing stress, creativity and the performance of workers.



From 780€+vat



2h30



Indoor or outdoor



All team sizes



# EXPERIENCE TO BE AWARE OF THE IMPACT OF TEAMWORK

#### Personal development / Team / Gaining height

A very fun and visual experience in which, with just a few balloons, some markers and a little over an hour, the group that carries it out becomes fully aware of the great impact that working in a team has on the results, compared to simply doing it individually.

This activity also contains a high component of fun and entertainment, and a space in which a group reflection is invited, to analyse together how we can transfer or integrate what we have learnt in our company and what obstacles we may encounter in doing so.



From 50€ + VAT



1h30



Indoor



All team sizes

Similar: ASSERTIVE COMMUNICATION AND LEADERSHIP FOR MANAGERS, VULNERABILITY AND GROUP COHESION (given by the same coach)



# Imagine your universe/ Mobile Planetarium

#### Observation / Knowledge / Learning

An immersive 360° and 3D experience to discover the universe without leaving our facilities. It has several projections adapted to the interests of each participant.

Discovery of the solar system. Travel through all the planets, crossing the asteroid belt, taking a walk through the rings of Saturn. Dinosaurs, A mind-blowing journey through evolutionary history. The sky in every season. Constellations at different times of the year. Recognizing the polar star and knowing the stories that stars tell.



From 800€ + VAT



2h



Dome on the outside



All team sizes



#### Observation / Knowledge / Learning

Telescopes to see the Sun in detail, its spots and solar protuberances that cause aurora borealis. A unique experience for each participant to understand the importance of our nearest star.

Prepare for a magical evening in the moonlight and observe in the sky the planets, stars, clusters, nebulae, galaxies... The universe as you have never seen it before!



From 1000€ +VAT



2h



Indoor or outdoor





# Celebrate

(Evenings, and festive entertainment)



At the beginning everyone was a bit shy and after an hour it was crazy. We had people who didn't necessarily have the profile and ended up dancing to Claude François. Our young recruits enjoyed themselves and felt part of the group.



Felipe - Construction and civil engineering







#### DJ

#### **Atmosphere / Fun / Party**

After an intense day of training, why not relax over an aperitif or after dinner with some live music? Or maybe enjoy the evening with some dance music after dinner?

Dancing with DJ: Our DJ will offer you a selection of the best music of all times and beats for dancing and partying (only if you are the only team in the house that night).



1150€ + VAY HT



3h



Indoor



The whole team

### Live music

#### Atmosphere / Fun / Party

After an intense day of training, why not relax over an aperitif or after dinner with some live music? Or maybe enjoy the evening with some dance music after dinner?

Live music: What kind of music do you feel like listening to? Jazz, blues, bossa-nova, lyrical, chamber music, pop, rock, etc.



From 950€ -2000€. + VAT



1h15



Indoor



The whole team





# "Magic Mirror"

#### **Event / Fun / Originality**

Participants will be able to take photos in 10x15 cm format, choosing between a composition of 1 or 4 images. The design of the photos is completely customisable according to your needs.

3 to 6 snapshots are printed on the spot, and at the end of the event, we deliver all photos in digital format.

The activation includes a monitor/technician to ensure its operation and props to create a fun and festive atmosphere.



1250€ + IVA



3H



Indoor



All team sizes



#### Photobooth 360°

#### **Event / Unusual / Live**

The 360° video booth is a unique and innovative experience.

Thanks to a mobile telescopic arm and fun accessories, create unique slow motion video souvenirs, perfect for sharing on social media and give a "Wow" effect to your event.



1200€ + IVA



3h



Indoor



# TV SHOW/ FUROR

#### **Fun / Contest**

Have fun, get to know your teammates and get the most points as a team with our most casual activity.

Guided through projector and screen and thanks to our presenter, you will spendunforgettable moments...

Each team will have its own button / lectern that will have to use to answer each test, only the fastest and most successful will win. Activity that, without exposing the attendees, can be personalized with corporate details (questions, caricatures, etc. ...) achieving a formative and playful team building in equal parts.

Some of the tests that the teams will encounter are: caricatures blurred, the smartest of the ofi, represent it, the right euro, what is hidden there, the right age, zoom, when it happened... etc...





From 1800€ + VAT



2 h



Indoor



All time sizes







# Relax

(reconnect with yourself)



We had a great time, a mixture of excitement, adrenaline and discovery.

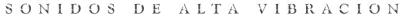


Sara - Consultancy for start-up and expanding companies



Relax

reconnect with yourself





# Vibrating Together" Workshop: Communication and Team Cohesion Program

#### Relaxation / connection

Vibrational Coaching, with musical instruments (no previous musical knowledge required)"Together we are stronger", isn't it?

When there is good communication and cohesion in the team, the actions of some add to those of others, and the team becomes much more efficient. If you feel that your employees are working "on automatic", without good communication and without a real cohesion with the rest of their team, we are here to help you.

Our way of communicating and our cohesion as a team are key to creating a good atmosphere in your company, as well as to increasing productivity and improving results.



From 515€ +VAT



3h



Indoor or Outdoor



All team sizes



## Guided tour of Álcala de Henares

#### **Transmission / Discovery / Relaxation**

¿Do you feel like a quiet touristic activity? Don't miss the opportunity to visit Alcalá de Henares with an official guide, and the transfer from Finca El Bosque included. In this walking tour, with a maximum duration of 3 hours. You will have the opportunity to discover the City of Cervantes, its historic center, and those monuments that make it the cradle of culture and the Castilian language. You will visit its Magistral Cathedral (entrance included), the House of Cervantes, the Colegio Mayor de San Ildefonso, the Oidor Chapel and its ancient University founded in 1499. Thinking of having an aperitif before the return? We have the right place for a glass of wine or a beer (aperitif not included in the price): an appointment with Spanish history and culture you can't miss!



50€ + VAT p/p + The bus is not included!



3h



Outdoor







#### Challenge / Fun

A classic of fun and motivation with new challenges. This is a real competition where participants will experience the thrill of a full race with its 10-minute practice session, and the race itself with two runs of 15 minutes each. Of course, trophies will be awarded at the podium! In addition, you will be able to compare your times, which are timed on each lap.

Only 15 minutes by car from La Finca El Bosque, we can also organize your transport to the track with a shuttle bus.



From 60 € + VAT p/p \*Transfers NOT included



3h



Outdoor



All team sizes



#### Forest bath

#### Relaxation / Adventure / Knowledge

A conscious experience that combines 3 spaces: A group walk, sharing opinions and experiences about personal or work areas. A space of "mindfulwalking" or walking with full attention to what we feel and perceive. A space of connection with nature, which is called "forest bath" in which we will try to "listen to it", feel it and connect with it, and even with our deepest origins (something that creates a state of deep emotional well-being and reduces cortisol levels). It is an activity that creates a deep connection with the other members of the group, with nature and with ourselves at an inner level, something that we do not usually do in our day to day, due to the rush and continuous distractions to which we are exposed.



From 500€ +VAT



2h



Ourdoor



#### Our happiness in Châteauform' ...

It means working every day to satisfy you, and beyond. It means putting our 30 years of experience in hospitality\* at your service. To design your events, we work with partners who share our commitment. Because it is through exacting standards and attention to detail that the magic of your seminars is created, so we look forward to seeing you soon to create new memories!

The Châteauform' team

<sup>\*30</sup> years already? We haven't seen the time pass by your side