



Our selection of animations

Desire to create memories, to make together, to celebrate, to let go, to enrich your meetings? We have what you need!

Silvia & Manon, Your Magic planners



La Arena's challenge to "discover the legend of the place".





In each Châteauform', a secret is passed on to each of the hosts... your participants are invited to discover this secret. This will also be an opportunity to get to know each other better, to strengthen team spirit and to discover the site in a playful way.

In this particular treasure hunt, participants will be divided into teams to travel around all the corners of La Arena, guided by their route book (one per team), and helped by the instructions of the activity leader. They will have to overcome different tests (some of skill and others of ingenuity) that will allow them to obtain the key words necessary to solve the challenge.

All the tests aim to encourage teamwork and cohesion, while there is also a team competition component, but don't doubt that the main thing is the fun!

Who will be the quickest to find the secret of the place so well guarded by our hosts?

We will find out together at the prize-giving ceremony over a drink in the bar or in the garden.





Place

Duration

Tariff 🏠







Outside

1h30

45 + VAT per participant Minimum Billing 12 PAX





La Arena Tapas Competition





Enjoy cooking and compete with your team!

You will be divided into teams, each with their own work table and cooking materials, as well as pencil and paper for their list of ingredients. You will find a central table that acts as a "market" full of colours, smells and flavours, where you can choose all the ingredients you need.

Rules of the game: You have one hour to prepare several tapas. The person in charge of shopping for each team can choose a maximum of 20 ingredients from the market for your list.

And you must also choose a head chef, who will be in charge of presenting the tapas to the jury!

The aim is to be active and creative with the dishes, to have fun choosing the names and descriptions of the dishes made, to present them in the most professional or funniest way, each according to his or her own feeling!

To add to the fun, you will be your own jury, under the watchful eye of our chef to ensure there is no cheating!

Once the competition is over, it's time to taste your delicious tapas during a festive aperitif where we will give medals and a bottle of cava to the winning team... Enjoy!

It is an activity designed to be done in the afternoon-evening, before the aperitif.





Place

Duration

Tariff \(\frac{1}{2} \)







Indoor or outdoor

1h30

55€ + VAT per participant Minimum Billing 12 PAX





Joint Mural

An original Team Building activity especially aimed at those who hide behind the well-known phrase 'I can't draw' or 'I was always failed in art class', and which promises to get advanced students of Bansky himself.

Participants will paint a mural (in modules of 2x1 m) divided into teams, following the instructions of the fine arts teacher. Each team works on a part of the mural, which is then assembled with the rest. But not everything will be so simple, as the participants will have to work together so that the final mural fits perfectly.

What they paint are landscapes prepared in advance (either urban or nature), although a more personalised work can be done including the company's logo or an evocative image (with an extra cost for personalisation).

The results are good and eye-catching in all cases and you get a tangible group result that you can put up somewhere in your company if you want.

Collaboration, creativity, teamwork, and coordination!





Place

Duration

Tariff 🗘







outdoor

Indoor or 1h30/2h00 Up to 10 participants: 850€ + VAT From 11 to 18 participants: €1250 + VAT

> From 19 to 26 participants: €1570 + VAT From 27 to 36 participants: €1700 + VAT





Private noncaptive hot air balloon flight



Live an unforgettable experience with your team letting the wind carry you away, while you enjoy the views of the northwest side of the Sierra de Guadarrama, and watch the deer run through our farm. As a souvenir you will have a HD video and a photo report of your private hot air balloon flight.

The flight starts at dawn from an esplanade on the La Arena estate. Once you have landed in a nearby place that will vary depending on the wind direction, you will be offered a glass of cava and a small snack, and you will be given your flight diplomas. At the end you will be picked up in several vehicles to take you back to La Arena.

Ballooning activities are directly linked to weather conditions. For safety reasons, flights must take place at a very specific time, at dawn in the early hours of the morning to avoid thermal currents, leaving the whole day ahead for other activities or meetings.

You will have experienced pilots, insurance for the activity, and the Authorisations of Active Tourism and the State Aviation Safety Agency (AESA).

You should wear comfortable walking clothes, a cap, headwear, sports or field shoes and a camera. The temperature in the balloon is a little higher than on the ground before take-off.





Place

Duration

Tariff ?





Outside

3h00 (Flight 1h)

210 € + VAT per participant Minimum Billing 9 PAX





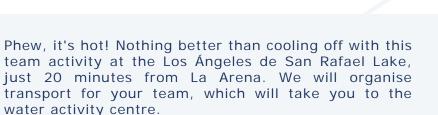
The bridge that connects your team!

A team activity in which you build a suspension bridge by hand with the materials we provide you with: ropes marked according to their different lengths and wood of two different sizes.

In order to build the bridge you will also need the blueprint, but this blueprint is cut up like a puzzle, and to get the puzzle pieces you will have to pass shooting skill activities.

Guided by this blueprint, working collaboratively and helping each other, you will build the bridge that you must then cross one by one, demonstrating the trust you have in the work of the whole team.

This activity is available all year round, mainly outdoors, and under cover in case it rains. The activity monitor will guide you to achieve the success of the mission.



Once there, you will be divided into teams to compete in achieving the objective of your mission. On the beach, each team will build by hand a raft (with drums, planks and rope to tie the wood to the boat, and oars to be able to sail) with which the participants will have to sail, in order to achieve the objective: "free Willy", who has been stranded on the shore (an inflatable). They will have to transport him to a certain point on the lake.

Are you ready for a refreshing adventure!



Place



Outdoor or Indoor

Duration

Tariff \(\frac{1}{2} \)



1h30 - 2h00 56€ + VAT p/p

Gymkhana Aquatic









Place



Exterior





1h15 +Transfer





45 + VAT p/p+ The bus is not included!



Drone experience, construction and racing

Enter the world of the latest technology with this activity. Organised in teams, you will have to design a drone, pass some tests to get the parts to build it and personalise it with the colours of your company. Once built and tested, compete with the other teams within the closed circuit!

Each team will demonstrate their skill in handling the drone in a circuit where they will have to avoid all kinds of obstacles in the shortest possible time. Among the obstacles they will find: goals, bridges, inflatables, gates, water, hoops,... and they will end up landing on a runway set up for this purpose. It's fun, innovative, and totally safe - are you going to miss it?



Inspired by the construction of cars by means of Lego XXL pieces, we have created giant cars that you can build with your team and company that are fully functional once assembled.

You can finish with a team race to find out which car is the best assembled and most resistant. An experience with which you can get the best photos and a unique experience that you will not forget.

Get the materials to build the most robust, original and aerodynamic vehicle. You will have to assemble it, "tune" it with your personal style, test it and once finished, put it to the test with the rest of the teams.



Duration Place







Exterior

2h00

From 5 to 15 participants: 900€ + VAT From 16 to 30 participants: €1450 + VA

From 31 to 45 participants: €1850 + VA



Place

Duration

Tariff





Inside

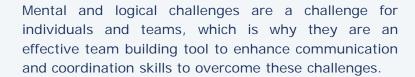
2h00 From 6 to 10 participants: 1600€ + VAT From 10 to 20 participants: 1800€ + VAT

From 21 to 30 participants: 2100€ + VAT From 31 to 40 participants: €2400 + VAT





Escape Room



Your ability to make decisions under pressure and to make guick decisions will be essential. We will have to decipher a large number of enigmatic messages with a large number of clues, tricks and methods to test your wit and shrewdness.

Negotiation, versatility, imagination and creativity will be your best tools to get out of the different environments created.

In each game, your team will go through different tests in which you will have a limited time to solve them.

Each game has its own theme and a 'facilitator' who will guide the group. The times, the help, the capacity for resolution will add points to the group and the winner will be the one who has maintained a line of cooperation and constant resolution.

It won't be easy, but you can do it!

Depending on the number of participants and the time you have available, we propose various settings or themes:

The Bomb, Mystery, Museum Robbery, Doctor X-Lab, Deactivate, Spy room.

-Specified theme adapted to your company or your products (extra cost)





Place

Inside

Duration & Tariff









Up to 10 participants: 800€ + VAT 1 Room 60min. Up to 20 participants: 1150€ + VAT 2 Rooms 90lin Up to 33 participants: 1395€ + VAT 3 Rooms 120min Up to 44 participants: 1595€ + VAT 4 Rooms 120min





The HAKA

The Haka is a ritual dance sung by South Pacific Islanders at ceremonies, welcome parties or before going to war, which the Maori have made world famous by the New Zealand rugby team, which they have performed before their matches since 1905.

Learn the famous Haka of All Blacks, lyrics and choreography with a specialised entertainer!



Place



Outdoor or indoor

Duration

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1h/1h30

Tariff \diamondsuit



From 12 to 20 participants: 680€ +VAT From 21 to 30 participants: 840€ +VAT From 31 to 40 participants: 990€ +VAT

CSR Activity -Corporate Social Responsibility



BIRDS protection action!

The activity will start with a guided tour of the estate where we will talk about the flora, fauna, traditional uses, traces of the routes, etc. We will talk about the importance of the conservation of these areas and the BIRDS that inhabit them, with an example of the Iberian imperial eagle (1 hour approx)* You can hire only the guided tour, ask for a quote).

The second part will start with a nest box construction workshop for every 2 participants.

At the end of the workshop, they will be placed inside La Finca La Arena!



Place



Exterior and interior

Duration



3h00



750 euros



Laser Combat

Fancy a game of match planning in the gardens of La Arena?

We propose you this adventure and team activity, which does not use any kind of projectile, only infrared rays. Very ecological, fun and competitive. You will have fun collaborating side by side to achieve the assigned mission. There are 3 game modes: missions, short games, and tournament format, almost like a real videogame!

If you want to complement your meeting and encourage teamwork from another point of view, you can ask us for the version "Laser Combat focused on the development of competences: Leadership and Teamwork". An activity that we have developed with our partner specifically for companies.

"The 5th Convention on Optical Sector Novelties has been stopped, a famous scientist with a revolutionary patent has been murdered.

Are you ready to uncover the culprit?

In this mission, the participants, divided into teams, will put themselves in the shoes of a real C.S.I. team in order to find the fingerprints, interrogate the suspect, decipher codes, test their skills on the ballistics track, analyse evidence in the laboratory, create robot portraits,... all to catch the murderer. Your team will have technological help: drones, Google Glass, Leap Motion, virtual reality.







Place

Duration

Tariff 🏠



Outside





Up to 14 participants: 650 + VAT

From 15 to 34 participants: 40€ + VAT p/p From 35 to 44 participants: 35€ + VAT p/p



Place

Duration











Wine Academy

Participants become, for a few hours, the owners of a vineyard of several hectares. A team of professionals allow them to enter into the wonderful adventure of wine.

After being introduced in a very simple and dynamic way by the animating oenologist to the production, technique and tasting of wine, the participants, in teams, will set off in search of the "Fine Wine".

They will have to create a wine, create a brand, a label and the marketing strategy to launch their "creation"!

Discover in a different and fun way the skills of the work team.

These olympiads are team games based on tests and wine riddles whose aim is to guess the name of the "mystery wine".

This activity usually takes place outdoors and is designed in the form of an Olympics.

The games are developed around original tests related to wine, some sporting and timed, others artistic, such as: the Nose of Wine to identify aromas, Pass the Barrel to demonstrate your skill, Turn is Winning to fight against the stopwatch, the Musical Stomp to extract the exact amount of must, the Colour of Wine to identify in black glasses if the wine you are tasting is white, red or rosé,...

There are 10 games to choose from!



Place Duration



indoor

Outdoor or

2h30

Tariff



From 10 to 20 participants: 1400€ +VAT From 21 to 30 participants: 1800€ +VAT From 31 to 40 participants: 2100€ +VAT From 41 to 50 participants: 2400€ + VAT



Duration



2h30 Exterior





From 10 to 20 participants: 2000€ +VAT From 21 to 30 participants: 2600€ +VAT From 31 to 40 participants: 2900€ +VAT From 41 to 50 participants: 3200€ + VAT

The Bacchus **Olympics**



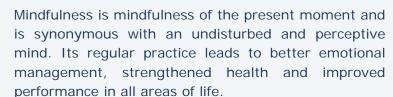
Creating memories



Mindfulness, relaxation and mindfulness workshop







Focused on the business world, this workshop helps us to better manage our time and effort, concentrating on the task at hand and learning to manage "information overload".

Mindfulness has been in vogue for a couple of years now as a practice to see things as they really are, paying attention to the direct experience of the present moment and without moral judgements. It is a fusion of different techniques (some of Eastern origin and others more current), and its regular practice has even become established in some international companies (SAP, Sodexo, Google, Alma Consulting Group), through workshops or 30-minute sessions for employees. Meditating in the company helps well-being by reducing stress, creativity and employee performance.

Our collaborator Helen Grain has created a 2-hour workshop to introduce these techniques to your team during your stay, but you can go deeper with workshops divided into several sessions. Helen comes from a long career in the financial and banking world. But after 15 years of Yoga and Meditation she has focused her life on offering workshops and courses in Meditation and Mindfulness with a professional approach, without following any religion or spiritual path.





Place

Duration

Tariff A



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Outdoor or indoor (

Half day 4h
Or 2 sessions of 2h
in two days

2-hour workshop - 780€ HT





Imagine your Universe -Feel your Universe

For thousands of years, human beings have longed to be able to imagine the Universe they inhabit. It is fortunate to have been born in an age when we can perform this stirring imaginative act, don't you think? In this activity, the astrophysicist and populariser Juan Fernández Macarrón will make us imagine the universe and what it contains with the same clarity with which we imagine our home.

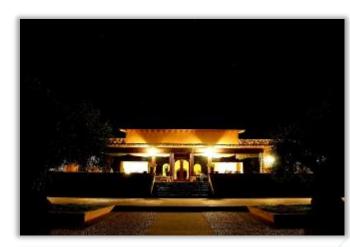
We will imagine it without figures, proportionate in sizes and distances.

Do you want to feel the thrill of really imagining the Universe and feel perfectly placed and oriented in it? Do you want to really have the Universe in your mind?

Observing, with a good telescope, dozens of celestial objects while imagining what you are seeing (direction, size, distance and physical characteristics) is something so special that we are convinced that you will never forget this experience.

You will enjoy this one-hour participative talk-colloquium before dinner, and as a complement while you dine we will set up the telescopes outside (if there is good visibility), and after dinner you will be able to go out whenever you want for an observation in total darkness.

You will come away from this experience with a new perspective on the meaning of the existence of the Human Being in the Universe!





Place

Duration

Tariff 🏠



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Outdoor or 1h talk indoor + Free observation

Up to 15 participants: 600 + VAT From 16 to 35 participants: 750 + VAT







Segway X2 Tour

La Arena is located in the privileged environment of the Sierra de Guadarrama, surrounded by holm oaks, pine forests and cattle farms. We propose you to enjoy this natural environment in a comfortable way, and at the same time respectful with the environment. We will organise a Segway excursion departing from La Arena, first of all along the paths of the estate. We will make a stop near the deer drinking trough, to try our luck and try to see the deer in the middle of nature.

Afterwards, the route will continue outside the farm, along country roads and cattle farms, between wooded hillsides and grassy esplanades. On your return to La Arena, the more adventurous can try out their newly acquired Segway skills on our all-terrain track (on the easier part of the route).

The activity will start with a short training to learn how to use the Segway, and then the tour will begin. The complete activity will last 2 hours or 2h30 maximum, limited by the battery life.

The Segway you will use is the X2 model, a model designed to be used on roads and even off-road, with special wheels for off-road use and a very "docile" and easy to handle behaviour. So everyone will be able to have fun without any danger. In addition, you will be accompanied by two monitors who will teach and guide you during the route.





Place

Duration

Tariff ☆☆





Exterior 2h/2h30 From 4 to 6 participants: 108€ + VAT p/p From 7 to 30 participants: 102€ + VAT p/p





A day at the lake

Get your team together to have fun around two water activities, Canoeing and Jet Sky.

You will have a great time in a privileged environment enjoying an experience in nature. At the end, you will be rewarded with a beer or soft drink on the sandy beach.

Jet Sky

The lake has a circuit delimited by buoys for the practice of Jet Sky. We propose the rental of two-seater jet skis, which you can enjoy alone or with a partner.

Cost:

64 € + VAT per participant for individual use of the motorbike, 10 minutes

49 + VAT per participant in shared use, two persons (10 minutes)

Canoeing

This activity takes place at the Los Ángeles de San Rafael water activity centre on the lake, located 30 minutes from the Arena.

Cost of 3-seater canoes: €44 + VAT per participant

In both cases water is included during the activity, refreshments at the end.





Place

Duration

Tariff ☆☆



Exterior







2h See description/ transfers not included!





Rhythm and percussion session

Creation through music can be an ideal opportunity for your team to discover or rediscover itself. This original way of bringing spirits together is accompanied by professional and passionate percussionists.

Its approach is playful so that everyone can have fun and share impressions to the rhythm of percussion instruments, hands, body movements and voice.

All the participants will be able to form a real percussion orchestra!



Duration Place



indoor



1h15

Tariff

Up to 10 participants: 750 +VAT From 11 to 20 participants: 950€ +VAT From 21 to 30 participants: 1300€ +VAT From 31 to 40 participants: €1450 + VAT

Laughter Therapy Workshop



reating memories

We all need to laugh! Laughter gives us a positive mood that helps us to face everyday life, allows us to perceive reality from a more positive point of view, motivates us, encourages collaboration and creates bonds of closeness with others. Laughter therapy brings out the "child" in us. It brings participants into contact with each other, allows them to get to know others and themselves better, helps them to disconnect, brings out the most authentic side of the participants, allows them to have a good time, brings the group together and creates a positive predisposition.

This atypical laughter therapy workshop is based on theatre, it is a small corner of fantasy guided by one or more professional actors (depending on the number of participants). It is a journey full of fun, in which we gradually discover our comic side (it is usually where we least expect it), and we lose our sense of the ridiculous in front of our colleagues.



Duration



exterior

Exterior or





From 10 to 20 participants: 750 +VAT From 21 to 30 participants: 990€ +VAT From 31 to 40 participants: 1200€ +VAT



Yoga session

What a pleasure to start the morning with an activity that energises both body and mind. It is the perfect way to prepare for a day's work.

Or perhaps you prefer a relaxation session at the end of the day to reduce any tension that may have arisen.

Our expert yoga instructor can adapt the pace of the session to the needs of your team.

Have fun together with your team creating your own "lipdub", a music video with everyone participating in a single continuous sequence. This activity is suitable for large teams.

While you have an aperitif or enjoy dinner, our collaborators will edit the video. Afterwards, we will project the result in one of our meeting rooms so that you can have a good time together.

(the final result will be sent to you later).

An exercise in creativity, teamwork and ingenuity that is sure to be unforgettable!



Place

Outdoor or

indoor

Duration

1h00

Tariff



300€ + VAT for the session



Place Duration



exterior

Exterior or

Tariff \(\frac{1}{2} \)



From 10 to 20 participants: 1500€ +VAT From 21 to 30 participants: 1750€ +VAT From 31 to 40 participants: 2000€ +VAT From 41 to 50 participants: €2250 + VAT





Creating memories





Cocktail Workshop (or Gin and Tonic)

A fun activity to offer new experiences in a group, where everyone participates and learns.

The aim of the workshop is to make all participants have fun around the culture and tasting of various types of cocktails. We will explore different flavours and combinations. In recent years, the cocktail and gin and tonic culture has been revived in Spain, and many trendy bars offer different combinations.

But how do they differ and how do you combine the ingredients to get the best out of them? A good cocktail requires at least: knowing how to use a cocktail shaker, using the right glass, using the right ice, adjusting the amount of alcohol, and knowing how to serve

And you will learn all this during this workshop.



Place **Duration**



exterior



65€ + VAT per participant Minimum Billing 12 PAX

Wine tasting and sampling



A tasting led by an oenologist who will introduce you to five regional and national wines over an aperitif in a fun and informal way.

Tasting involves not only drinking, but enjoying wine through the senses of sight, smell and taste.

During the tasting, you will translate these sensations and perceptions into words, expressing what aromas and flavours the wine conveys to you.

This wine night will allow you to discover what the Spanish land has to offer in regional and national wines and cavas.



Duration Place



exterior



Exterior or





Up to 20 participants: 990€ +VAT From 21 to 30 participants: 1300€ +VAT From 31 to 40 participants: 1615€ +VAT From 41 to 50 participants: 1823€ + VAT





Guided tour of Ávila

A proposal you can't refuse when visiting Avila with an official guide!

On this walking tour, which lasts about two and a half hours, you will have the opportunity to discover the historic centre, the city walls, and those monuments of this city where heritage, history and art are to be found.

You will visit the Cathedral, the Basilica of San Vicente outside the walls, the Roman Avila... A date with history and culture that you cannot miss!



Place



2h30 - 3h00

Duration

45 + VAT p/p+ The bus is not included!

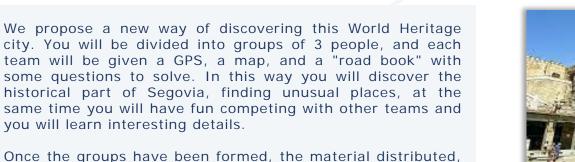
Active visit of Segovia



throughout the city. You have to find the "hidden treasures" with cultural, historical or picturesque information about the place where you find the information. At the end, participants will return to the starting point to check the treasures they have found, and find out the winning team.

and the explanation given by the monitors, each small group will go in different directions, distributing themselves

you will learn interesting details.







Outside





3h00 +Transfer





42€ + VAT p/p + The bus is not included!





Music nights

After an intense day of training, why not relax over an aperitif or after dinner with some live music?

Or perhaps enjoy the evening with dance music after dinner.

<u>Live music:</u> What kind of music do you want to listen to? Jazz, blues, bossa-nova, lyrical, chamber music, pop, rock, etc.

Price: between 850 € - 2000 € approx.

Duration: approx. 1h15

<u>Dancing with DJ:</u> Our DJ will offer you a selection of the best music of all times and rhythms to dance and celebrate a party (only if you are the only team in the house that night).

Price: 1150€ (includes basic lighting, no decoration)

Duration: maximum 3 hours







Place

Duration

Tariff 🏠







Inside See description See description

